AHMR Summer 2020 Exception

*Internal Guidelines and not intended for mass distribution.*

**Background**

The BSA’s annual health and medical record (AHMR) currently requires completion / update annually for all participants, in all Scouting events. Parts A and B are a consent, authorization / risk acknowledgement and a detailed health history. Part C, the pre-participation physical is recommended for all participants but required for any event lasting over 72 hours, including traditional resident camping. Part C is valid to the end of the 12th month that it is was completed in. For example, a Part C examination done on February 1, 2019 would be valid until February 29, 2020.

We understand that physical exams may be difficult to obtain in some parts of the country because of COVID-19. We also realize that this may present a hardship for some participants that typically schedule their physical exams prior to the camping season. In light of COVID-19, the following guidance is being provided and will be in effect until August 31, 2020. *The following one-time exceptions will only apply to BSA Accredited Council Camps and BSA High Adventure Bases.*

**Note:** Participants that have a valid, completed AHMR Parts A, B & C (NCAP HS-503) within 12 months of camp need no exception.

Participants with a Part C completed on or after February 1, 2019.

- Validity of any Part C completed on or after February 1, 2019 is extended until August 31, 2020.
- Update Parts A and B of the AHMR within two weeks of your departure to camp. Download here: [https://www.scouting.org/health-and-safety/ahmr/](https://www.scouting.org/health-and-safety/ahmr/)

Participants with no Part C or one prior to February 1, 2019, including new members.

- Attach a completed alternate exam (sports, school, annual well exam at pediatrician) completed on or after February 1, 2019. This will be accepted as a valid Part C until August 31, 2020.
- Update Parts A and B of the AHMR within two weeks of your departure to camp. Download here: [https://www.scouting.org/health-and-safety/ahmr/](https://www.scouting.org/health-and-safety/ahmr/)

There will be no other exceptions outside these parameters. Councils may be more restrictive in their policies to meet local or program requirements including those operating in states that have mandates in place for examinations and those operating SCUBA programming.

If a participant does not meet the criteria above, the following are options to consider to obtain an examination:

- *Telephonic well appointment* – Conducted with an individual’s existing health care provider (HCP) to complete the AHMR Part C exam and examiners signature virtually.
- *Professional or Compliance well exams* - Adult participants whose profession requires regular well or compliance exams (emergency responders, pilots, etc.) may also be able to complete the exam requirements by having the conducting HCP complete Part C either during those well checks or telephonically.
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- **Local Community clinic or alternative HCP** - If primary HCP is unavailable, use alternatives / clinics in the local community such as alternate HCP, CVS, Rite Aid, Care Now, etc.
- **Council Organized Well Exams** - organized well examinations coordinated with the Council Health Supervisor (CHS) and/or local resources.
- **Camp well exams** - Just in time delivery at front gate of a local council camp – Council organized with CHS and volunteer or contracted medical providers (MD, DO, NP, PA). Participants must understand this may not be available at all camps and that some may not be allowed to take part and be sent home based on HCP’s exam findings. This service will not be available at national high adventure bases.

**Individuals with higher risk for severe COVID-19 as defined by the Centers for Disease Control and Prevention (CDC).**

We would recommend that in the summer of 2020, this group stay at home. The model risk acknowledgement and pre-event medical checklist [680-057](https://www.scouting.org/health-and-safety/safety-moments/how-to-review-the-ahmr/) includes the following guidance:

Information from the [Centers for Disease Control and Prevention (CDC)](https://www.cdc.gov) states that older adults and people of any age who have serious underlying medical conditions are at higher risk for severe illness from COVID-19. *If you are in this group, please ensure you have approval from your health care provider prior to attending camp.*

We would also encourage anyone whose medical condition or history has significantly changed since their last physical exam have approval from their health care provider prior to attending camp.

**Resources and Safety Moments:**

NCAP HS-503: Please see separate attachment in SE Packet (5-11-20)


Pre-Event Medical Screening: [https://www.scouting.org/health-and-safety/safety-moments/pre-event-medical-screening/](https://www.scouting.org/health-and-safety/safety-moments/pre-event-medical-screening/)